



Asha for Education – 5k Race / Walk

Bringing Hope through Education

<http://www.ashanet.org/cincinnati>

(in partnership with Tarangini – www.tarangini.org)

THE COURSE Corwin Nixon Park, Mason, OH offers a relatively flat paved 5K (3.1 mile) course.

DATE and TIME Saturday, July 24, 2010. 8:30 AM; Registration starts at 7:30 am onwards.

THE CAUSE This race benefits underprivileged children supported by Asha for Education. Asha raises money for funding educational projects in India. The principle that underlies all of Asha's activities is that development is possible only through education. We believe that many problems such as poverty and child-labor can be approached effectively by improving the education level of the population. Asha is volunteer driven organization supporting the education of underprivileged children in India.

THE AWARDS **Individual Performance Awards** - Top overall Male & Female runners receive trophies. Medals will be given to the top men and women in each of the following age divisions: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over.

FUN FOR ALL! Food & Drinks stalls !!

REGISTRATION Individuals and Teams can register by going online to www.sprunning.com or mailing in this pre-registration form to the address given below.

Pre-registration before 16th July is \$15* and includes a T-shirt for participants over age 12.

Registration on the day of the event is \$20* and may include a T-shirt based on availability.

Kids under age 12 are encouraged to participate (no registration or fee required. TShirt will not be provided).

*Any amount over \$15 if pre-registering or over \$20 race day registration per participant is tax deductible.

CONTACTS Steve Prescott (513) 777-1080 or Asha for Education (513) 312-9980; cincinnati@ashanet.org

Official Pre-Registration Form

First Name _____ Last Name _____

Street _____ City _____ State _____ Zip _____

Email _____ Daytime Phone _____

Gender (circle one): Male Female Age (as of race day) ____ Category (circle one): Runner / Walker

\$15 - Pre-Registration before 16th July (includes T-shirt) Circle T-shirt size: S M L XL XXL

Make check payable to: Asha for Education.

Enclosed is my pre-registration fee/donation for the "Asha for Education": \$ _____ # _____

I will collect and bring donations from my sponsors to the check-in on race day.

Pre-Registration must be postmarked by Friday, 16th July, 2010.

Mail this form and check to: Asha for Education 5K Run/Walk, c/o Steve Prescott, P.O. Box 454, Mason, OH 45040

Online registration available at www.sprunning.com until Tuesday 20th July, 2010.

WAIVER: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Asha for Education 5K Run/Walk and do hereby release the race director, Steve Prescott, Asha Cincinnati, workers, officials, and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such an event, and have trained adequately in preparation. I HAVE NOTED ANY MEDICAL CONDITION ON THIS FORM.

Entry Signature _____ Date _____

(parent signature required for those under 18)

List medical conditions: _____

In case of medical emergency contact: Name _____ Phone: _____